

**FOGLIA AQUADUCKS SWIM TEAM**

**FALL/WINTER 2008-2009**

**Oct - Dec Meet Sign-Up Sheet - DUE September 29th**

SWIMMER'S NAME: \_\_\_\_\_

	<u>Date</u>	<u>Swim Meet</u>	<u>Warm-ups</u>
Y / N	Sunday, 10/19	Swamp Meet Relay Invite @ Foglia	7:00AM
Y / N	Sunday, 10/26	Out Of Shape Invite @ Lattof * Please remember Foglia YMCA pays entry fees for invitationals. *	7:00AM
Y / N	Saturday, 11/1	Hastings Lake and Buehler @ Foglia	Noon
Y / N	Sunday, 11/9	Seahorse Invite @ Lake Couny * Please remember Foglia YMCA pays entry fees for invitationals. *	7:00AM
Y / N	Sunday, 11/23	Gendar Wars Invite @ Niles West HS ** Note: split session times ** 7:00AM (9-12 yrs old )      12 noon (8 & Under and 13-18 yr olds) * Please remember Foglia YMCA pays entry fees for invitationals. *	
Y / N	Sunday, 12/7	McGaw 10 & under Invite @ McGaw * Please remember Foglia YMCA pays entry fees for invitationals. *	7:00am
Y / N	Saturday, 12/13	Foglia/Lattof at Hastings Lake	TBA

**FOGLIA AQUADUCKS SWIM TEAM**

## FALL/WINTER 2008-2009

### Jan - March Meet Sign-Up Sheet - DUE December 2nd

SWIMMER'S NAME: \_\_\_\_\_

	<u>Date</u>	<u>Swim Meet</u>	<u>Warm-ups</u>
Y / N	Saturday, 1/3	Tri-Meet Irving Park/Buehler at Truman College	12:00pm
Y / N	Sunday, 1/18	Iguana Invite @ UIC * Please remember Foglia YMCA pays entry fees for invitationals. *	7:00am
Y / N	Saturday, 1/24	Dual with McGaw @ Foglia	12:15pm
Y / N	Sunday, 1/25	Distance Meet @ McGaw	Noon
<b>This meet is for swimmers interested in swimming long distance events.</b>			
<b>See Coach Dave if interested.</b>			
Y / N	Saturday, 1/31	Dual with Lake County @ Waukegan HS	7am
Y / N	Sunday, 2/8	Buehler Pentathlon @ Buehler	7am
Y / N	Saturday, 2/14	Dual with Hasting Lake @ Foglia	TBD
YES	Sunday, 2/22	District CLASSIC Meet @ Lake County**	7:00AM
<b>** Mandatory End of Season Meet for swimmers who don't make District qualifying times. **</b>			
	Saturday, 2/28	Girls District Meet @ Niles West (must qualify)	7:00AM
	Sunday, 3/1	Boys District Meet @ McGaw YMCA (must qualify)	7:00AM
	Fri. 3/6- Sun. 3/8	State Meet @ Kishwaukee YMCA (must qualify)	7:00AM
		Girls Saturday/Boys Sunday	